

# Ridley Graduate Boat Club

**2005**

## **ONTARIO ERGOMETER CHAMPIONSHIPS**

Hosted by:  
**RIDLEY GRADUATE BOAT CLUB**  
and  
**RIDLEY COLLEGE ROWING CLUBS**

**Enclosed are results.  
Over 810 competitors helped  
make the day a HUGE success !**

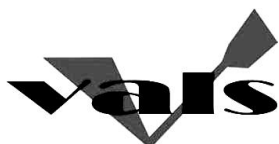
**NEXT YEAR  
Same Weekend, More Great Racing!  
SAVE MARCH 5th !!!**

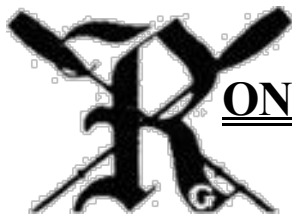
### MANY THANKS TO THE DONORS OF PRIZES

Hats, Shirts (Fluidesign)  
Shirts, Hats, Pogies, Vests(Val's)  
Caribeeners, Decals (Concept 2)  
Rowing Posters (Ridley Graduate BC)  
Vests, Hats, CD Case (RegattaSport)  
T-Shirts, Hats (Hudson Boat Works)

T-Shirts (Levator)  
Hats (Wintech Racing)  
Headbands, Visors (Val's)  
Decals (Kaschper Racing Shells)  
Photo Frame, Shorts (RegattaSport)  
Shirts, Notebooks, Waterbottles (Concept II)

plus **VAL'S** for Regatta Sponsorship and TOP 10 T-Shirts  
and RowOntario for Water & Decals





# ONTARIO ERGOMETER CHAMPIONSHIPS

Hosted by Ridley Grad. & Ridley College Rowing Clubs  
Sunday, March 6, 2005

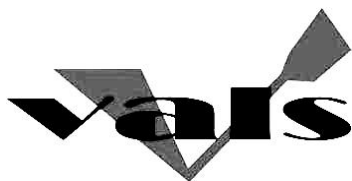


## 2005

### # 1 JR. HIGH SCHOOL MEN (Born in 1989 or later)

Record: 1999 Aaron Kroeker\_6:20.8

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Soutter, Alex	U.C.C.	6:32.7
2	Wakulich, David	St. Cath CI	6:38.7
3	Hills, James	Denis Morris	6:43.2
4	Ford, Dan	Ridley Col.	6:47.7
5	Yeksigian, Jack	City Honors	6:51.3
6	Blahut, Kenny	EL Crossley	6:51.6
7	McCabe, Conlin	Brockville CI	6:52.2
8	Chisholm, Nick	Ridley Col.	6:53.4
9	Schudlo, Nicholas	St. Francis	6:57.0
10	Puddy, Robbie	SCS	6:59.4
11	Chalmers, Zach	Gov. Simcoe	7:02.2
12	Felice, Marino	Denis Morris	7:02.5
13	MacKeigan, Michael	Brockville CI	7:02.9
14	Smith, Connor	Denis Morris	7:05.0
15	Doan, Alex	Denis Morris	7:05.1
16	Macdonald, David	U.C.C.	7:12.5
17	Stansfield, Kyle	St. Mary's	7:13.8
18	Boyd, Cameron	St. Michael's	7:17.7
	Cherubini Andrew	AN Myer	7:17.7
20	Looyestein, Jacob	Lakeport	7:18.7
21	Carson, Brent	AB Lucas	7:20.3
22	Eason, DeVonte	City Honors	7:23.5
23	McDonald, Jeff	Saunders	7:24.5
24	Morrone, Robert	West Park	7:26.8
25	Sheppard, Jimmy	Gov. Simcoe	7:29.7
26	Jenkins, Matt	Grimsby SS	7:31.5
27	Splonick Gary	Holy Cross	7:37.1
28	Campbell, Kyle	AB Lucas	7:38.7
29	Mitchell-Funk, Dylan	Sir Winston	7:39.3
30	Armstrong, William	West Park	7:40.9
31	Martin, Tyler	Lakeport	7:41.2
32	Atalick, Johnny	West Park	7:41.9
33	Sigfrid, Matt	West Park	7:43.1
34	Armstrong, David	U.C.C.	7:49.1
35	Wang, William	Westdale	7:49.6
36	Kreuger, Alex	Jean-Vanier	8:27.4



**THANKS TO OUR SPONSOR-Val's**

**Customized Actionwear & Embroidery**

**Great Top Ten Shirts !!**

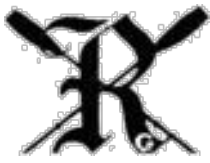
## 2005 ONTARIO ERGOMETER CHAMPIONSHIPS



# 2 JR. H. S. WOMEN (Born in 1989 or later)

Record: 2000 Kate Polanic 7:17.6

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1.	Allingham, Christine	Brockville CI	7:32.8
2.	Tonellato, Chantelle	SWC	7:47.5
3.	Colbow, Christyn	Thorold	7:49.6
4.	Hess, Elizabeth	Brockville CI	7:50.5
5.	Howlett, Zoe	Brockville CI	7:51.1
6.	Bruch, Katie	Notre Dame	7:56.2
7.	Copson, Cheryl	Adam Scott	7:57.9
8.	Blackburn, Helen	Gov. Simcoe	7:58.4
9.	Horvat, Kayla	Holy Trinity	7:58.6
10.	DiCosimo, Lindsay	St. Paul	8:00.3
11.	Bayley Megan	Gov. Simcoe	8:01.1
12.	Pacinelli, Lauren	Mercyhurst Prep.	8:05.3
13.	Sheahan, Karli	St. Francis	8:05.4
14.	Rozman Jessica	Holy Cross	8:08.0
15.	Halycia, Nila	Gov. Simcoe	8:10.7
16.	Mikalajewski, Karoline	Eden HS	8:11.4
17.	Lang, Sonya	Adam Scott	8:12.5
	Sheenan, Kristie	Notre Dame	8:12.5
19.	Romano, Gemma	Adam Scott	8:13.8
20.	Henry, Jilliam	Eden HS	8:14.0
21.	Ball, Alison	London Central	8:15.2
22.	Nuta, Raluca	Westdale	8:19.7
23.	Schreinert, Olivia	South Sec.	8:20.0
24.	Bowslaugh, Bronwyn	Lakeport	8:22.6
25.	Burgio, Mary Katherine	City Honors	8:24.2
26.	Damoiseaux, Elise	St. Christopher	8:25.7
27.	DellaSmirra, Amanda	Notre Dame	8:25.8
28.	Fisher, Julia	City Honors	8:26.5
29.	Jennings, Jesseca	Niagara Dist.	8:27.1
30.	Bartlett, Denice	AB Lucas	8:27.3
31.	Biddlecombe, Christine	City Honors	8:27.5
32.	Mowder, Steph	Sir Winston	8:28.7
33.	Gravelle, Christina	Denis Morris	8:29.2
34.	Gauthier, Sarah	Westdale	8:29.5
35.	Edsall, Shari	EL Crossley	8:32.4
36.	Andrews, Taylor	St. Andrews	8:32.6
37.	Phelps, Brittany	Sir Winston	8:34.2
38.	Fleming, Maggie	Nardin Acad.	8:35.1
39.	Mitchell Brandi	West Park	8:37.4
40.	LeLay, Samantha	Jean-Vanier	8:38.8
41.	MacKinley, Julia	London Central	8:38.9
42.	Wilson, Courtney	Denis Morris	8:39.4
43.	MacDonald, Kaitlyn	St. Francis	8:40.0
44.	Kim, Karen	Sir Winston	8:41.1
45.	Hoeltzenbein, Laura	St. Christopher	8:46.1
46.	Cowal, Lindsay	Denis Morris	8:46.4
47.	Schram, Alanna	Sir Winston	8:46.8
48.	Copley, Sarah	Saunders	8:49.0
49.	Wall Stephen	Sir Winston	8:50.3
50.	Went, Ellen	Ridley Col.	8:51.2



# **2005 ONTARIO ERGOMETER CHAMPIONSHIPS**

Hosted by Ridley Graduate & Ridley College Boat Clubs

## **#2 JUNIOR H. S. WOMEN** (cont.)

51.	Vanbrenk, Brandi	Saunders	8:51.5
52.	Crandall, Jess	Grimsby SS	8:52.0
53.	Sinha, Jessica	Westdale	8:54.2
54.	Morrison, Stephanie	AB Lucas	8:56.1
55.	Martin, Erika	Sir Winston	8:57.5
56.	O'Rourke, Cathleen	Grimsby SS	9:08.9
57.	Jensen, Hannah	City Honors	9:11.1
58.	Antonio, Rachel	St. Francis	9:11.3
59.	Westgate, Leah	London Central	9:16.0
60.	Morneau, Morgan	Gov. Simcoe	9:30.6
61.	Shobbar, Anah	Sir Winston	9:31.0
62.	Zapotachny, Jillian	Westdale	9:35.8
63.	Harris, Karen	Gov. Simcoe	9:39.2

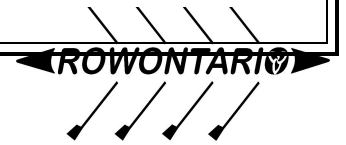
## **# 3 JR. HIGH SCHOOL MEN (150 lbs or less)**

Record: 2002 James Mulcahy 6:52.0

<b><u>Place</u></b>	<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Time</u></b>
1	McKenzie, Alex	Brockville CI	6:57.8
2	VanVliet, Eric	Brockville CI	7:08.8
3	McKeegan, Cameron	Holy Cross	7:13.3
4	Keanne, Peter	Brockville CI	7:16.0
5	Anstruther, Kevin	St. Paul	7:20.2
6	Friesen, Russell	Gov. Simcoe	7:21.5
	Thorpe, Andrew	Ridley Col.	7:21.5
8	Bourne, Donnie	Oakridge	7:22.8
9	Jackiewicz Peter	Anmyer	7:24.7
10	Carr, Andrew	Gov. Simcoe	7:27.8
11	Kostiw, Mark	Iroquois Ridge	7:28.0
12	Sabour, Camron	Glebe CI	7:28.1
13	Lingard, Andrew	Ridley Col.	7:29.0
14	Craig-Pettem, Steve	Brockville CI	7:32.5
15	Salas, Ricardo	Ridley Col.	7:33.0
16	Peters, Michael	St. Paul	7:33.4
17	Coletto, Dylan	Grimsby SS	7:33.7
18	Sennock, Dave	Gov. Simcoe	7:35.1
19	Campbell, Tim	Holy Cross	7:36.1
20	Strum, Ryan	Ridley Col.	7:38.0
21	Parker, Caleb	Sir Winston	7:38.4
22	Snelgrove, Peter	Brockville CI	7:40.0
23	Woelfl, Eric	Gov. Simcoe	7:40.1
24	McLean-Bannon, Cameron	Tecumseh	7:40.2
25	Spironello, Dean	St. Paul	7:41.0
26	Blau, Mitch	Westdale	7:41.1
27	Grosssi, Matthew	Denis Morris	7:41.8
28	Roussel, Cooper	City Honors	7:41.9
29	Sulatyky, Brian	Gov. Simcoe	7:42.1
30	Van Oosten, Brad	Holy Cross	7:42.8
31	Robbins, Aaron	EL Crossley	7:43.2

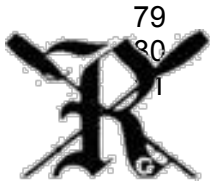
Thanks to Drs. Tim Prince & Mike Nagel and Bob Kuhns – for their Medical Help !

**2005 ONTARIO ERGOMETER CHAMPIONSHIPS**



**# 3 JR. H. S. 150# MEN (cont.)**

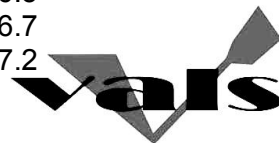
32	Neary, Jack	Mentor Col.	7:44.2
33	Cole, Richard	AN Myer	7:44.3
34	Ingraham, Devaan	EL Crossley	7:44.9
35	Lariviere, David	Westdale	7:45.4
36	Beukema, Stephen	Denis Morris	7:45.9
37	Koabel, Shane	Jean-Vanier	7:46.1
38	Lamarre, Michael	Notre Dame	7:47.9
39	Page, Matt	Lorne Park	7:48.2
40	Elliott, Keil	West Park	7:49.6
41	Neeson, Dean	Lakeport	7:49.7
42	Hilborn, Kevin	Brockville CI	7:50.3
43	Holderney, Mike	West Park	7:51.1
44	Diplock, Kyle	EL Crossley	7:53.3
45	Ho, Dennis	AB Lucas	7:53.4
	Smith, Joshua	Saunders	7:53.4
47	Beaudry, Kyle	Lakeport	7:53.9
48	Prince, Adrian	West Park	7:55.5
49	Machesney, Cory	EL Crossley	7:56.3
50	Connell, Patrick	St. Mary's	7:56.4
51	Zegers, Alex	Sir Winston	7:57.7
52	Caldwell, Fraser	Westdale	7:58.0
53	Heidebrecht, Juris	Lakeport	7:58.6
54	Graham, Evan	St. Paul	7:58.7
55	Lei, Yang	Westdale	7:59.2
56	Burnik, Jordan	St. Francis	8:00.9
57	Cassidy, Ryan	West Park	8:00.9
58	Dick, Maxwell	St. Francis	8:03.0
59	Fenwick, Colin	West Park	8:04.1
60	Desrochers, Justin	Jean-Vanier	8:04.6
	Kurleba, Nick	Sir Winston	8:04.6
62	Scriven, Michael	West Park	8:04.8
63	Komar, Nikolai	Lakeport	8:04.9
64	Cosby, Liam	West Park	8:06.3
65	Solomon, Jacob	Sir Winston	8:06.4
66	Rivers, Patrick	West Park	8:06.5
67	Lihou, Cameron	West Park	8:07.2
68	Connell, Jeremy	St. Mary's	8:08.0
69	O'Neill, Braeden	Gov. Simcoe	8:08.5
70	Andreoli, Jonathan	Jean-Vanier	8:10.4
71	Schenck, Graham	St. Francis	8:10.7
72	Dekker, Jesse	West Park	8:10.9
73	Woods, Paul	St. Francis	8:14.3
74	Bosse, Kevin	Notre Dame	8:16.0
75	Green, Matthew	Sir Winston	8:18.
75	Burgess, Stuart	City Honors	8:18.5
76	MacDougall, Craig	St. Francis	8:18.7
77	Sonke, Eric	St. Francis	8:22.2
78	Hall, Thomas	Lakeport	8:24.1



79 Hudlicky, Jason  
 80 Cooper, Jeremy  
 1 Shishkov, Victor

Ridley Col.  
 Niagara Dist.  
 Lorne Park

8:26.5  
 8:26.7  
 8:27.2



# ONTARIO ERGOMETER CHAMPIONSHIPS

Hosted by Ridley Graduate & Ridley College Boat Clubs

## # 3 JR. H. S. 150# MEN (cont.)

82	Cheng Oiu, Liang	Westdale	8:30.5
83	Riordon, Grayson	St. Francis	8:31.1
84	Green, Bryan	Sir Winston	8:31.9
85	Herzog, Ian	Sir Winston	8:32.0
86	Vanderhout, Mark	St. Francis	8:32.2
87	Breukelman, Christian	Ridley Col.	8:33.3
88	Rosario, Mac	St. Mary's	8:36.8
89	McGeorge, Cody	EL Crossley	8:40.0
90	Keen, Josh	Gov. Simcoe	8:41.4
91	Pupo, Graham	EL Crossley	8:43.0
92	McMenamin, Marc	St. Francis	8:45.5
93	Elsheikn, Rayad	West Park	8:49.1
94	Wakuliuk, Kevin	Notre Dame	9:11.4
95	Momot, Nicholas	Notre Dame	9:18.0
96	Zamai, Claudio	St. Francis	9:36.8
97	Munnol, Marish	EL Crossley	9:39.1
	Brickman, Ryan	West Park	DNF

## # 4 JR. HIGH SCHOOL MEN (165 lbs or less)

Record: 2000 Daniel Reid 6:34.7

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Taylor, Stuart	Brockville CI	6:52.9
2	Jones, Matt	St. Mary's	7:00.3
3	Browne, James	U.C.C.	7:00.4
4	Lautenbach, Justin	West Park	7:00.6
5	Layard, Sam	Westdale	7:05.8
6	Heighway, Brent	London Central	7:06.0
7	Coletto Sylas	Grimsby SS	7:06.7
8	Vogelsang, Paul	City Honors	7:09.9
9	Gartner, Peter	City Honors	7:10.0
10	Draskovic, Tom	Mercyhurst Prep	7:11.0
11	Layfield, Kory	West Park	7:13.0
12	Fisher, Michael	Gov. Simcoe	7:13.7
13	Olesen, Nathan	Grimsby SS	7:16.5
14	Plesko, Daniel	Fr. Redmond HS	7:17.5
15	Bath, Justin	EL Crossley	7:19.3
16	Fast, John	Denis Morris	7:22.2
17	Kohut, Stephen	Denis Morris	7:22.5
18	Hudson, Chuck	Beal SS	7:23.1
19	Kirkey, Jason	AN Myer	7:23.8
20	Secord, Jamie	Lakeport	7:23.9
21	Hughes, James	EL Crossley	7:27.2
22	Cushnie, Ben	EL Crossley	7:27.7
23	Diplock, Tyler	EL Crossley	7:29.2
24	James, Kris	Brockville CI	7:29.3

**ERGS WERE SPONSORED BY: Ed & Nancy Berkhout, Darby Berkhout, Empacher, Fluidesign, Go Rowing & Paddling Assn., Hudson Boat Works, Ireland Decorators, Kaschper, Levator Boats, Tresham Painting & WinTech Racing**

## 2005 ONTARIO ERGOMETER CHAMPIONSHIPS



### #4 JR. H. S. 165# MEN (cont.)

25	Postman, David	Eden HS	7:29.5
26	Wanek-Walsh, Shaun	Westdale	7:33.1
27	Bayer, Lawrence	Holy Cross	7:35.0
28	Vriens, Matthew	Eden HS	7:35.0
30	Michaloiwicz, Adam	EL Crossley	7:41.0
31	Grose, Max	City Honors	7:41.2
32	Coxen, Jordan	Lakeport	7:41.5
33	Rosenkranz, Eric	St. Paul	7:45.7
34	Merrill, Joshua	Denis Morris	7:46.2
35	Townsend, Scott	Saunders	7:46.8
36	Macpherson, Evan	Ridley Col.	7:47.2
37	Ko, Ted	Ridley Col.	7:49.4
38	Paolone, Paul	Denis Morris	8:02.1
39	Martineck, Mike	City Honors	8:16.4

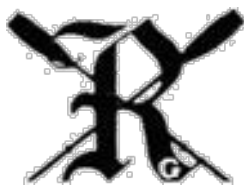
### # 5 JR. HIGH SCHOOL 135lb WOMEN

Record: 1997 Carie Stasiak 7:28.7

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Sisler, Laurel	Sir Winston	7:49.0
2	Dorian, Katie	Branksome Hall	7:59.9
3	Bak, Bria	Brockville CI	8:05.6
4	Meiklejohn, Alex	Branksome Hall	8:07.0
5	Rappatoni, Amy	EL Crossley	8:07.5
6	Karl, Taryn	St. Mary's	8:08.8
7	Tierney, Colleen	Mentor Col.	8:10.9
8	Sheehan, Emma	Denis Morris	8:11.2
9	Zaguire, Felicia	Sir Winston	8:11.7
10	Schwarze, Chelsea	Brockville CI	8:12.1
11	Foster, Emily	Ridley Col.	8:14.9
12	Burke, Jenna	EL Crossley	8:15.0
13	Flynn, Rachel	Denis Morris	8:15.3
14	Dougher, Meghan	Nardin Acad.	8:16.2
15	Stansfield, Jessica	St. Mary's	8:16.6
16	LaLonde, Liz	Nardin Acad.	8:17.8
17	Boon, Nicole	AB Lucas	8:21.4
18	Lewis, Phoebe	Brockville CI	8:23.0
19	McLean, Amy	Oakridge	8:23.9
20	Anthes, Fiona	Sir Winston	8:25.2
21	Gilbert, Rebecca	Grimsby SS	8:26.4
22	Stewart, Jayne	Eden HS	8:26.8
23	Primeau, Chantal	Ridley Col.	8:30.6
24	Shynal, Jesse	West Park	8:30.9
25	Szwarc, Chantal	St. Mary's	8:31.4
26	Gervais, Sapphyre	Sir Winston	8:33.5
27	Tymoszewicz, Alicia	Gov. Simcoe	8:34.2
28	Crawford, Erin	City Honors	8:34.4
29	Brusdeilins, Kailee	St. Paul	8:35.1

30	McDonnell, Taryn	City Honors	8:35.3
31	Moeller, Emily	St. Mary's	8:35.5
32	Calderwood, Hannah	EL Crossley	8:36.3
33	Corolis, Brittany	Ridley Col.	8:37.4
34	Hipwell, Kristen	Saunders	8:37.8





# ONTARIO ERGOMETER CHAMPIONSHIPS

Hosted by Ridley Grad. & Ridley College Rowing Clubs

## # 5 JR. H.S. 135lb WOMEN (cont.)

35	Brown, Charlotte	Gov. Simcoe	8:38.7
36	Richardson, Emily	AB Lucas	8:39.0
37	Wiens, Elizabeth	Eden HS	8:39.2
38	Whitwell, Jennifer	Denis Morris	8:39.5
39	Arcuri, Patricia	St. Paul	8:39.9
40	Kocsis, Leah	Ridley Col.	8:40.4
41	Nagle, Eryn	Nardin Acad.	8:41.1
42	Kordos, Julie	Denis Morris	8:41.4
43	Murphy, Shannon	St. Francis-Mississ.	8:41.9
44	Bellows, Erin	West Park	8:42.1
45	Tymczyozyn, Laryssa	Sir Winston	8:42.3
46	Fernandez, Nahielly	Sir Winston	8:42.9
47	Mychailyshyn, Makianna	St. Mary's	8:43.8
48	Fernandez-Blance, Katherine	Ridley Col.	8:44.0
49	Cain, Sarah	AN Myer	8:44.3
50	Cilliers, Pippa	Westdale	8:44.5
51	Hunter, Lauren	Sir Winston	8:44.6
52	Bohusz, Emily	Brockville CI	8:45.1
53	Michaud, Marie	West Park	8:46.9
54	Gouthier, Michelle	Westdale	8:47.1
55	Tulczynska, Anna	St. Mary's	8:47.3
56	Kempster, Briddget	Oakridge	8:47.4
57	Cort, Dale	Denis Morris	8:47.6
58	Mueller, Katie	Niagara Dist.	8:47.8
59	Byskov, Kate	Sir Winston	8:48.4
60	Kent, Samantha	St. Francis	8:48.6
61	Auld, Brooke	Ridley Col.	8:48.7
	Wojcik, Nicole	St. Mary's	8:48.7
63	Kritzinger, Morgan	Ridley Col.	8:49.4
64	Yee, Sarah	Sir Winston	8:49.5
65	Kelly, Sydnee	Brockville CI	8:49.6
66	Chan, Lauren	Saunders	8:50.2
67	Oldenhof, Macall	Oakridge	8:50.7
68	O'Connor, Erin	Brockville CI	8:52.2
	West, Jessica	St. Francis	8:52.2
70	Gilman, Enny	City Honors	8:52.6
71	Zubrikas, Lindsay	St. Francis	8:53.0
72	O'Brien, Jennifer	Westdale	8:53.1
73	Bertens, Amanda	Saunders	8:53.3
74	Renner, Rachel	Denis Morris	8:53.6
75	Bill, Jessica	St. Mary's	8:55.8
	McKeen, Meg	EL Crossley	8:55.8
77	Lawrence, Samantha	Westdale	8:56.2
78	Hughes, Monica	EL Crossley	8:56.8
79	Vallis, Michelle	Saunders	8:58.4
80	Martin Kelsey	Gov. Simcoe	8:58.5

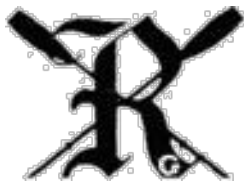
**Great Job to all the volunteers – You made the regatta run smoothly & on time all day! Thanks Ridley Graduate BC & Ridley College workers!**

## 2005 ONTARIO ERG CHAMPIONSHIPS



### # 5 JR. H.S. 135lb WOMEN (cont.)

81	Haggens, Hilary	EL Crossley	8:59.2
82	Dixon, Katie	AN Myer	8:59.3
83	Long, Geneva	Branksome Hall	9:00.2
84	Clarke, Ali	Westdale	9:02.8
	Sheehan, Alison	Denis Morris	9:02.8
86	Gillis, Carolyn	AN Myer	9:03.4
87	Stark, Jill	EL Crossley	9:04.2
88	Davis, Laura	Westdale	9:04.3
89	Broker, Amy	Westdale	9:04.4
90	Chan, Kelsey	Saunders	9:04.6
91	Wilson, Emma	St. Francis	9:05.9
92	Dixon, Jillian	EL Crossley	9:06.0
93	Dumas, Rachel	Denis Morris	9:06.4
94	Baxter, Alice	Ridley Col.	9:06.8
95	Jones, Natalie	Niagara Dist.	9:08.2
96	Herron, Sarah	St. Mary's	9:08.7
	Sawula, Anne-Marie	EL Crossley	9:08.7
98	Reaman, Liz	St. Francis	9:09.0
99	Fratschko, Christina	Oakridge	9:09.3
100	Palmer, Melissa	Saunders	9:10.7
101	Mowbray, LeeAnn	Jean-Vanier	9:11.0
	Weber, Tani	Westdale	9:11.0
103	Holderney, Susy	West Park	9:11.7
104	Rockwell, Alethea	Westdale	9:13.6
105	Walton, Emma	Gov. Simcoe	9:13.8
106	Ferrusi, Katlyn	Notre Dame	9:14.1
107	Ryder, Verity	Grimsby SS	9:16.4
108	Walters, Erin	St. Mary's	9:16.5
109	Kim, Yuri	Oakridge	9:17.6
110	Pallie, Hazel	West Park	9:19.3
111	Zsipsak, Laura	West Park	9:21.9
112	Kiriakopoulos, Helena	Westdale	9:22.1
113	Kallies, Michelle	Gov. Simcoe	9:25.3
114	Palmer, Allison	Saunders	9:26.3
115	Clark, Laura	Gov. Simcoe	9:27.1
116	Kroll, Kimberly	City Honors	9:28.8
117	Greenberg, Johanna	Westdale	9:30.8
118	Luhowy, Alana	Niagara Dist.	9:33.6
119	Wiens, Kathryn	EL Crossley	9:35.7
120	Lessard, Gilliam	Jean-Vanier	9:37.7
121	Tufford, Jazmine	Lakeport	9:42.7
122	Link, Katelynn	West Park	9:46.1
123	Kowlessar, Kayla	Saunders	9:47.6
124	Major, Alexa	St. Christopher	9:48.8
125	McDowell, Jennifer	Oakridge	10:02.1
126	Macdonald, Frannie	St. Francis	10:05.3
127	Finora, Amy	St. Francis	10:08.8
128	Almeida, Esmeralda	St. Francis	10:14.0
129	Dupuis, Nicole	St. Francis	10:40.0
130	Vanderzwaag, Katie	St. Francis	10:51.7



# ONTARIO ERGOMETER CHAMPIONSHIPS

Hosted by Ridley Grad. & Ridley College Rowing Clubs

## # 6 JR. HIGH SCHOOL 145lb WOMEN

Ontario's Record: 1997 Risa Mandzuk 7:25.1

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Makken, Veronica	EL Crossley	7:45.8
2	Falovo, Kristin	Denis Morris	7:50.4
3	Cowal, Laura	Denis Morris	7:54.9
4	Puhach, Alley	West Park	7:58.5
5	Mulcahy, Rachael	Brockville CI	7:58.6
6	Ellis, Brittany	St. Francis	8:02.0
7	Ronald, Brittany	Sir Winston	8:04.3
8	Mahoney, Megan	Nardin Acad	8:05.7
9	VanBerkel, Julie	St. Mary's	8:05.8
10	Wiley, Sarah	Eden HS	8:06.0
11	Poetschke, Alex	Saunders	8:18.8
12	Pidgeon, Sarah	Twin Lakes	8:19.9
13	Labatte, Brittany	Holy Cross	8:21.3
14	Shaver, Kristen	Gov. Simcoe	8:21.7
15	Nichol, Kayleigh	Saunders	8:22.6
16	Gaudet, Jessica	Notre Dame	8:25.2
17	Lancaster, Michaelena	Mercyhurst Prep.	8:25.4
18	Britton, Alex	Adam Scott	8:26.9
19	Wegrzyn, Kasia	London Central	8:27.3
20	Flores, Jennifer	Ridley Col.	8:29.1
21	Bush, Erica	Gov. Simcoe	8:31.1
22	Scott, Dayna	Sir Winston	8:32.8
23	Micsinszki, Sam	Sir Winston	8:36.3
24	Fenwick, Katelyn	West Park	8:36.6
	Thomas-Bojin, Jenny	Adam Scott	8:36.6
26	Sebert, Marnie	Lakeport	8:37.2
27	Cunningham, Kaitlin	City Honors	8:39.6
28	House, Erin	SWC	8:41.1
29	Felice, Christina	Denis Morris	8:42.6
30	Finley, Samantha	Sir Winston	8:45.7
31	Scales, Kelsey	St. Francis	8:46.1
32	Juliani, Alexandra	St. Paul	8:47.0
33	Carmody, Erica	St. Chistopher	8:48.1
34	Fraser, Shana	Holy Cross	8:55.9
35	Langille, Caitlyn	St. Mary's	9:01.6
36	George, Amanda Mae	St. Paul	9:13.3
37	Rodrigues, Andrea	Westdale	9:13.3
38	Palmer, Shannon	Saunders	9:19.5
39	Prigionero, Alyssa	London Central	9:21.6
40	Cornelius, Alyssa	Sir Winston	9:21.8
41	Pym, Nicole	Sir Winston	9:26.2
42	Barrick, Brianne	Notre Dame	9:29.5
	Beyer, Elizabeth	Grimsby SS	DNF
	La Selva, Carmel	St. Frances	DNF

**Thanks Donut Diner & Ridley College - great food!**



# 2005 ONTARIO ERGOMETER CHAMPIONSHIPS

## # 7 MASTERS MEN

\*Time Handicapped

Record: 1999 Roelof Makken 6:15.4

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Finish Time</u>	<u>Adjusted Time</u>
1	Krawec, Walt (54)	Lakeport RC	6:31.4	6:08.9
2	Ingraham, Bill (61)	Owen Sound RC	6:53.8	6:11.8
3	Peterson, Marc (55)	West Side RC	6:39.7	6:14.7
4	Martens, Philip (32)	London RC	6:25.3	6:25.3
5	Murphy, John B (62)	London RC	7:13.1	6:27.6
6	Pieneman, Ernest (45)	Ridley Grad BC	6:33.9	6:27.9
7	Okens, Peter (66 Lt)	Don RC	Lwt	6:36.9
8	Brown, David (37)	Unaffiliated	6:38.8	6:38.8
9	Giampietri, Marc (32)	St. Christopher	6:42.3	6:42.3
10	Walicki, Robert (43)	St. Christopher	6:56.8	6:52.8
11	Toffolo, Mario (57)	White Oaks	7:24.1	6:54.1
12	Molloy, George (63)	unaffiliated	7:45.9	6:56.9
13	Trapp, Rick (50)	unaffiliated	7:18.3	7:05.8
14	Tebbutt, Dan (43)	St. Catharines	7:11.4	7:07.4
15	Stoddart, Don (48)	Unaffiliated	7:18.5	7:09.5
16	Lukas, Tom (56)	White Oaks	7:37.5	7:10.0
17	Abbott, Dr. Dave (54)	unaffiliated	7:44.3	7:21.8
18	Neal, Samuel (55 Lt)	unaffiliated	Lwt	7:29.1
19	Bonning, Daniel (31)	unaffiliated	7:47.2	7:47.2
20	Theal, John (30)	Unaffiliated	7:54.8	7:54.8
21	Andrews, Terry (45)	So. Niagara RC	8:06.1	8:00.1
	Pauls, John (50)	Ridley Grad BC	Lwt	DNF

**30-39 Age Winner**

Martens, Philip (32)

**40-49 Age Winner**

Pieneman, Ernest (45)

**50-59 Age Winner**

Krawec, Walt (54)

**60-69 Age Winner**

Ingraham, Bill (61)

**Lightweight Winner**

Okens, Peter (66 Lt)

## # 8 MASTERS WOMEN \*Time Handicapped

Record: 2000 Cynthia Drewry 7:11.0

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Finish Time</u>	<u>Adjusted Time</u>
1	Drewry, Cynthia (43)	Don RC	7:16.6	7:12.6
2	Carter, Diane (45 Lt)	Barrie RC	Lwt	7:32.1
3	Makken, Arendina (35)	Unaffiliated	7:41.9	7:41.9
4	Driver, Julie (37)	Cambridge RC	7:57.5	7:57.5
5	Pidgeon, Barb (49)	Orillia RC	8:12.6	8:02.6
6	Denton, Debra (48 Lt)	unaffiliated	Lwt	8:13.8
7	Taraborrelli, Carole (40)	St. Christopher	8:16.9	8:15.9
8	Farmer, Shirley (62 Lt)	unaffiliated	Lwt	8:24.2
9	Doran, Barb (37)	Quinte RC	8:24.7	8:24.7
10	Manca-Mangoff, Antonela 49	CMEC	9:04.9	8:54.9
11	Castel-Branco, Chantal (42 Lt)	CMEC	Lwt	9:36.5

**30-39 Age Winner**

Makken, Arendina (35)

**40-49 Age Winner**

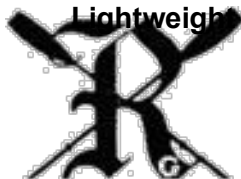
Drewry, Cynthia (43)

**60-69 Age Winner**

Farmer, Shirley (62 Lt)

**Lightweight Winner**

Carter, Diane (45 Lt)



# ONTARIO ERGOMETER CHAMPIONSHIPS

**# 9 SR. HIGHSCHOOL 150# MEN (born 1986 or later)**

1996 Record: 1996 Lee Johnston 6:42.5

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>New</u>
1	Reece, Trevor	Notre Dame	6:36.9	** Ontario Record
2	Pupo, Greg	EL Crossley	6:45.0	
3	Hoculik, Mark	Gov. Simcoe	6:54.1	
4	Koch, Andrew	Gov. Simcoe	6:56.9	
5	Byrne Rodgers, Jorlath	U.C.C.	6:58.5	
6	Morris, Bradley	Hillfield Strath.	6:58.7	
7	Ishida, Shunichiro	Ridley Col.	7:00.2	
8	Lancaster, Rob	Ridley Coll	7:01.2	
9	Ratkovsky, Nathan	Ridley Col.	7:04.3	
10	Connolly, Ben	Hillfield-Strath.	7:04.6	
11	Holland, Alex	U.C.C.	7:04.8	
12	Lee, Calvin	U.C.C.	7:06.4	
13	Campbell, Scott	Holy Cross	7:07.4	
14	Kasowski, Mark	Holy Cross	7:07.6	
15	Alexander, Taylor	EL Crossley	7:07.9	
16	Rintjema, Chris	Grimsby SS	7:08.6	
17	Gray-Donald, David	U.C.C.	7:09.2	
18	Pickard, David	Ridley Col.	7:09.2	
19	Cushnie, Jake	EL Crossley	7:10.1	
20	McLean, Frazer	Gov. Simcoe	7:10.9	
21	Plug, Zach	Denis Morris	7:11.5	
22	Cameron, Andrew	Gov. Simcoe	7:12.9	
23	St Pierre, Darren	EL Crossley	7:14.6	
24	McCurdy, James	U.C.C.	7:15.1	
25	Coffey, Brendan	EL Crossley	7:17.6	
26	Donne, Matt	U.C.C.	7:18.5	
27	Lucuik, Ian	Gov. Simcoe	7:18.6	
28	Nowak, Andy	Mercyhurst Prep.	7:18.9	
29	Jones, Eric	Westdale	7:19.9	
30	Oates, David Luke	London Central	7:21.0	
31	Kavai, Peter	Denis Moris	7:23.4	
32	Lake, Brian	Holy Cross	7:24.7	
33	Abercrombie, Andrew	U.C.C.	7:26.8	
34	McClinchey, Travis	Gov. Simcoe	7:28.3	
35	Lowell, Alex	Grimsby SS	7:28.9	
36	Schenck, Matt	St. Francis	7:29.4	
37	Yim, Jonathan	U.C.C.	7:30.4	
38	Matsumoto, Naoki	Ridley Col.	7:30.6	
39	Ryerse, Nick	Simcoe Comp.	7:33.1	
40	McCumber, Kyle	Gov. Simcoe	7:33.9	
41	Phelan, Mark	U.C.C.	7:35.2	
42	Letwin, John	Grimsby SS	7:35.9	
43	Kulig, Dan	St. Christopher	7:36.0	
44	Batey, Bradley	Grimsby SS	7:39.0	

**Thanks to RowOntario for the Volunteer Shirts &  
For the Decals & Water for all Competitors**

**2005 ONTARIO ERGOMETER CHAMPIONSHIPS**

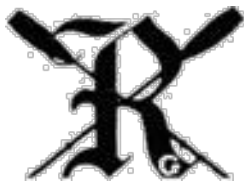


**# 9 SR. H.S. 150# MEN** (cont.)

45	Watt-Meyer, Oliver	U.C.C.	7:40.6
46	Tarnoy, Marcus	Niagara Dist.	7:43.1
47	Haviland, Tim	Holy Trinity	7:44.2
48	Dean, Michael	Westdale	7:51.0
49	Scott, Eric	Sir Winston	7:52.5
50	Martin, Roger	Sir Winston	7:54.1
51	St-Amour, Rene	Jean-Vanier	8:19.1
	DiBenedetto, Jesse	EL Crossley	DNF

**# 10 SR. HIGH SCHOOL MEN** (165 lbs & under)**Record: 2000 Dave Stephens 6:22.0**

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Ensslen, Dan	Eden HS	6:32.3
2	Barr, John	Eden HS	6:36.7
3	Clout, Dan	Gov. Simcoe	6:38.9
4	Pollack, John	K.C.V.I.	6:46.1
5	Sirionni, Antonie	Canisus HS	6:47.8
6	Karantjas, Gabriel	Lawrence Park	6:49.0
	Goldman, Simon	U.C.C.	6:49.0
8	Lukasiewicz, Adam	U.C.C.	6:51.6
9	Downie, Daniel	EL Crossley	6:55.3
10	Halycia, Gabriel	Gov. Simcoe	6:55.9
11	King, Travis	Grimsby SS	6:57.7
12	Chiu, Aaron	U.C.C.	6:58.6
13	deJong, Kyle	Gov. Simcoe	6:59.2
14	Thompson, Myles	Ridley Col.	6:59.9
15	Litke, Matt	West Park	7:02.8
16	Huurman, Mike	St. Paul	7:04.9
17	Pigeon, Daniel	Jean-Vanier	7:06.1
18	Ducroix, Steve	Gov. Simcoe	7:06.9
19	Pauly, Reid	U.C.C.	7:07.8
20	Lostracco, Mark	Denis Morris	7:10.2
21	Cruickshank, Chris	Ridley Col.	7:10.4
22	Welland, Andrew	Hillfield Strathallan	7:13.3
23	Zapatochny, Stephen	Westdale	7:13.7
24	Bobicic, Nikola	Scarlett Hts	7:14.2
25	O'Hearn, Patrick	Sir Winston	7:14.8
26	Richardson, Paul	West Park	7:15.7
27	Bush, Jim	City Honors	7:16.7
28	Pettigrew, Jeff	Gov. Simcoe	7:17.1
29	Vanos, Greg	Saunders	7:17.2
30	Stansfield, Zach	St. Mary's	7:18.8
31	Brown, Nathan	Holy Cross	7:19.0
32	Fenwick, Reid	West Park	7:20.2
33	Schenck, Patrick	Denis Morris	7:20.4
34	Roessner, Peter	Gov. Simcoe	7:20.5
35	Queck, Pat	Westdale	7:21.3
36	German, Mark	Westdale	7:23.8
37	Huxley, Andrew	Westdale	7:28.3
38	Alazam, Nabeil	Sir Winston	7:32.7
39	Miller, Keith	Westdale	7:33.0



# ONTARIO ERGOMETER CHAMPIONSHIPS

Hosted by Ridley Grad. & Ridley College Rowing Clubs

## #10 SR. H.S. 165# MEN (cont.)

40	Zamai, Alessandro	St. Francis	7:38.4
41	Stevensn-Hastings, Kiernan	AB Lucas	7:45.7
42	Galati, Jesse	Niagara Dist.	7:57.7

## # 11 SR. HIGH SCHOOL 135# WOMEN

**Record: 1999 Risa Mandzuk 7:11.3**

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Sawula, Heather	EL Crossley	7:45.6
2	Chown, Sarah	Sir Winston	7:49.5
3	Preston, Christie	Branksome Hall	7:53.7
4	Owens, Joanna	Gov. Simcoe	7:54.0
5	Sisler, Julia	Sir Winston	7:55.5
6	VanBaalén, Shannan	EL Crossley	7:56.3
7	Nay, Kate	Sir Winston	7:56.8
8	Gough, Nicole	Sir Winston	7:59.2
9	Southall-Millward, Jessica	Westdale	8:05.3
10	Leyenhorst, Nicole	Eden HS	8:05.9
11	Stratton, Cate	Ridley Col.	8:06.8
12	Senita, Julie	Mercyhurst Prep.	8:10.6
13	Damiano, Deanna	West Park	8:14.9
14	Pitek, Mary	City Honors	8:15.0
15	Wright, Sarah	Sir Winston	8:15.4
16	Anderson, Heather	Holy Cross	8:15.6
17	Kok, Jennifer	Eden HS	8:16.7
18	Holdsworth, Tiffany	Oakridge	8:17.9
19	Witt, Jenn	St. Mary's	8:18.0
20	Johnson, Leanne	EL Crossley	8:18.8
21	Stranges, Marcela	Notre Dame	8:22.9
22	Stoddart, Alexandra	Holy Cross	8:24.3
23	Jones, Marcella	Niagara Dist.	8:26.4
24	Muratori, Joanna	Sir Winston	8:26.8
25	Hinan, Katie	Ridley Col.	8:27.2
26	Miele, Teresa	Holy Cross	8:27.7
27	Stavenow, Julie	West Park	8:29.1
28	Kerr, Stacey	EL Crossley	8:29.4
29	Janzen, Janalla	Eden HS	8:29.6
30	Thomas, Allison	Sir Winson	8:30.9
31	Sidey, Jacqueline	Jean-Vanier	8:32.7
32	Fisher, Danielle	Saunders	8:32.9
33	Barton, Jessica	AN Myer	8:33.1
34	Skinner, Shannon	South Sec.	8:33.2
35	Gage, Alessandra	Westdale	8:33.3

### MANY THANKS TO THE DONORS OF PRIZES

Hats, Shirts (Fluidesign)  
 Shirts, Hats, Pogies, Vests(Val's)  
 Caribeeners, Decals (Concept 2)  
 Vests, Hats, CD Case(RegattaSport)  
 T-Shirts, Hats (Hudson Boat Works)  
 Rowing Posters (Ridley Graduate BC)

T-Shirts (Levator)  
 Hats (Wintech Racing)  
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 Decals (Kaschper Racing Shells)  
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**2005 ONTARIO ERGOMETER CHAMPIONSHIPS**

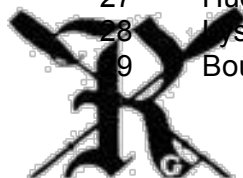


**#11 SR. H.S. 135# WOMEN (cont.)**

36	Dickenson, Lauren	St. Paul	8:33.4
37	Tymoszewicz, Shelly	Gov. Simcoe	8:33.5
38	Tatzel, Alexandra	Notre Dame	8:34.0
39	McCann, Lauren	Ridley Col.	8:34.6
40	Mychailyshyn, Nadia	St. Mary's	8:35.5
41	Papaz, Ilinia	Westdale	8:37.9
42	Milne, Christine	West Park	8:41.4
43	Scriven, Mallory	West Park	8:41.6
44	Kremble, Andrea	Holy Cross	8:45.8
45	Rychman, Alicia	Grimsby SS	8:46.0
46	Murdoch, Amanda	Westdale	8:47.5
47	Hanafieh, Amira	Adam Scott	8:50.5
48	Harcombe, Rebecca	Sir Winston	8:56.0
49	MacTavish, Sandra	AN Myer	8:56.6
50	Capredoni, Leslie	Holy Cross	8:57.1
51	Gomez, Estefania	Sir Winston	9:02.7
52	St-Amour, Manye	Jean-Vanier	9:03.2
	Pammett, Megan	Adam Scott	DNF

**# 12 SR. HIGH SCHOOL 145# WOMEN****Record: 1999 Shannon Tocchio 7:26.0**

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	VanderMaarel Jen	Eden HS	7:34.4
2	Lyons, Karly	Denis Morris	7:36.8
3	Pauls, Jordynn	Sir Winston	7:46.4
4	Ardiel, Anna	Simcoe Comp.	7:48.2
5	Sferrazza, Lindsay	West Park	7:52.7
6	Kozub, Chelsey	West Park	7:53.7
7	Hilmert, Cathy	Mercyhurst Prep.	7:54.4
8	Waugh, Emily	St. Mary's	7:58.2
9	Williamson, Kate	Denis Morris	7:59.1
10	Huddleston, Allie	St. Mary's	8:00.5
11	Bak, Heather	Brockville CI	8:01.2
12	Consky, Elizabeth	Ridley Col.	8:03.2
13	Grant, Natalie	No. Toronto CI	8:05.6
14	Bayley, Kara	Gov Simcoe	8:06.0
15	Pollard, Becca	Mercyhurst Prep.	8:07.3
16	Miskell, Stephanie	Nardin Acad.	8:07.5
17	Crawford, Riley	Grimsby SS	8:07.6
	Reitinger, Laura	Mercyhurst Prep.	8:07.6
19	Wilson, Elizabeth	AN Myer	8:10.7
20	Kuhn, Nickie	Mercyhurst Prep.	8:11.6
21	Adshead, Katrina	St. Cath CI	8:14.2
	Wiens, Stephanie	Eden HS	8:14.2
23	Ventresca, Jenna	EL Crossley	8:14.7
24	Funovity, Devin	West Park	8:15.3
25	Daetsch, Megan	Nardin Acad.	8:15.4
26	Evans, Jill	Ridley Col.	8:17.4
27	Hudson, Candra	Gov. Simcoe	8:19.3
28	Lysko, Meghan	Brockville CI	8:19.8
29	Boutin, Mandee	St. Paul	8:22.1

**ONTARIO ERGOMETER CHAMPIONSHIPS**

Hosted by Ridley Grad. &amp; Ridley College Rowing Clubs



**#12 SR. H.S. 145# WOMEN (cont.)**

30	Janzen, Shannon	West Park	8:23.8
	Jaski, Jenna	Ridley Col.	8:23.8
32	Kramer, Ashley	Nardin Acad.	8:24.7
33	Robbins, Jenn	Thorold	8:25.0
34	Corkery, C. Anne	St. Peters Sec.	8:27.4
35	Burgess, Amanda	St. Cath CI	8:30.8
36	Mussa, Farzana	AN Myer	8:32.9
37	Anderson, Helen	St. Paul	8:33.7
38	Bruni, Carissa	Notre Dame	8:37.6
39	Parmington, Katie	City Honors	8:52.0

**# 13 SR. HIGH SCHOOL WOMEN (born 1986 or later)**

**Record: 2003 Yvone Epp 6:58.1**

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Craig, Sarah	Sir Winston	7:12.2
2	Kane, Virginia	South Sec.	7:23.3
3	Strzalkowski, Kate	St. Cath. CI	7:24.2
4	Wilson, Katie	Gov. Simcoe	7:27.1
5	Kelly, Kristin	Brockville CI	7:27.2
6	Lewis, Erica	AB Lucas	7:33.2
7	Holmes, Ashley	Adam Scott	7:34.4
8	Shishkov, Alexandra	Lorne Park	7:34.8
9	Macpherson, Chelsea	Ridley Col.	7:36.6
10	Cers, Laura	St. Mary's	7:37.7
11	Fisher, Laura	Holy Trinity	7:39.8
12	Van Aken, Karalyn	Denis Morris	7:40.7
13	Cronkite, Kelsey	Mercyhurst Prep.	7:42.2
14	Tacinelli, Jessica	Denis Morris	7:43.3
	VanZeyl, Liz	EL Crossley	7:43.3
16	Pichelli, Alessandra	Notre Dame	7:44.2
17	Ertelt, Tanya	Gov. Simcoe	7:45.2
18	Traynor, Kelly	Westdale	7:45.3
19	Rickers, Kate	Ridley Col.	7:47.1
20	Tucker, Megan	Martingrove CI	7:50.0
21	Bussi, Brittany	Denis Morris	7:52.7
22	Vantyghem, Tara	Glendale HS	7:53.3
23	MacKeigan, Amanda	Brockville CI	7:53.5
24	Sexton, Lauren	St. Paul	7:53.8
25	Nedilsky, Monica	EL Crossley	7:56.1
26	Rye, Melissa	St. Francis	7:56.8
27	Wegener, Sara	Sir Winston	7:57.3
28	DiCosimo, Melina	St. Paul	7:57.7
29	Fawcett, Sarah	Sir Winston	7:58.4
30	Morrone, Krystina	West Park	7:58.5
31	Foster, Kathleen	Saunders	7:58.9
32	Carlisle, Ellen	Bayside SS	7:59.8

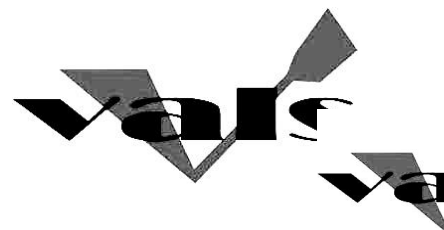
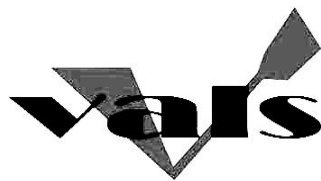
**THANKS TO OUR SPONSOR-Val's**

**Customized Actionwear & Embroidery**

**Great Top Ten Shirts !!**

**2005 ONTARIO ERGOMETER**

**CHAMPIONSHIPS**

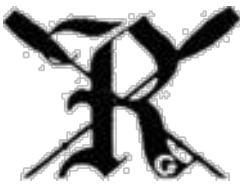


**# 13 SR. H.S. WOMEN** (cont.)

33	Sharpe, Alana	Grimsby SS	8:01.6
34	Belanger, Lesley	Brockville CI	8:04.7
35	McCarthy, Erin	Nardin Acad.	8:05.1
36	Ziegler, Nicole	Westdale	8:05.3
37	Cox, Caitlin	St. Cath CI	8:05.8
38	Turcote-Novsedlik, Max	Sir Winston	8:05.9
39	Harrison, Ali	Gov. Simcoe	8:07.1
40	MacKay, Krystyna	Sir Winston	8:09.3
41	Gittings, Elizabeth	Oakville Trafalgar	8:10.2
42	Speller, Abigail	Westdale	8:10.9
43	Cantar, Leslie	Westdale	8:12.8
44	Ludwig, Caitlin	Nardin Acad.	8:13.0
45	Kupsch, Sarah	Sir Winston	8:14.8
	McGorry, Erin	Nardin Acad.	8:14.8
47	Harris, Beth	Westdale	8:15.7
48	Bushby, Chelsea	Notre Dame	8:17.7
49	Trapp, Hayley	Brockville CI	8:23.3
50	Lockhart, Helen	Glendale HS	8:23.5
51	Martin, Barb	South Sec	8:24.2
52	Forstinger, Jen	St. Francis	8:24.5
53	Gabriel, Caitlin	Sir Winston	8:25.7
54	Shaver, Marissa	Gov. Simcoe	8:27.2
55	Kerton, Meaghan	London Central	8:29.6
56	Duguay, Jocelyn	West Park	8:34.2
57	Maxfield, Erin	Adam Scott	8:34.7
58	Christoff, Casey	Westdale	8:37.7
59	Crump, Maegan	Grimsby	8:40.4
60	Skinner, Meaghan	South Sec.	8:54.0
61	Cox, Lindsey	Victoria Park	9:02.0

**# 14 SR. HIGH SCHOOL MEN** (born in 1986 or later)**Record: 2003 Dan Casaca 6:14.3**

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Seymour, Gareth	Ridley Col.	6:18.4
2	Haines, Mitch	Gov. Simcoe	6:22.6
3	Zaniewski, Christopher	Bishop Allan Acad.	6:31.1
4	Gracin, Joshua	EL Crossley	6:31.5
5	Bouhyzen-Wenger, Garret	Grimsby SS	6:32.2
6	Boyd, Kurtis	Brockville CI	6:34.5
7	Odell, Ron	Eden HS	6:34.9
8	Joyce, Richard	Peterborough CI	6:38.5
9	deRaaf, Rob	Gov. Simcoe	6:38.9
10	Looyestein, Joshua	Lakeport	6:39.9
11	Thomasen, Jake	Westdale	6:40.9
12	Hodge, Alex	Brockville CI	6:42.0
13	Campbell, Brandon	EL Crossley	6:42.6
14	Flight, Michael	EL Crossley	6:42.8
15	Foster, Graham	Saunders	6:43.9
16	Smith, Dan	Eden HS	6:44.6
17	Kyle, Ben	St. Paul	6:46.4
18	Rosely, Jordan	Ridley Col.	6:46.6
19	Nickel, Kyle	EL Crossley	6:47.3



# ONTARIO ERGOMETER CHAMPIONSHIPS

Hosted by Ridley Grad. & Ridley College Rowing Clubs

## # 14 SR. H.S. MEN (cont.)

20	Chalmers, Ian	Gov. Simcoe	6:48.1
21	Eick, Lukas	Ridley Col.	6:48.4
	Heighway, Mitchell	London Central	6:48.4
23	Smith, Steve	West Park	6:48.5
24	Mackenzie, Alec	Ridley Col.	6:48.6
25	Davidson, Michael	Adam Scott	6:49.4
26	Brewer, Spencer	Westdale	6:49.8
27	Sartor, Jordan	Gordon Graydon	6:50.2
28	Androne, Chris	Holy Cross	6:52.8
29	Emslie, Matt	Holy Cross	6:54.7
30	Reynolds, Jon	Denis Morris	6:55.2
31	Izzo, Andrew	City Honors	6:55.8
32	Pennachetti, Adrian	Ridley Col.	6:56.9
33	Morley, Thomas	Holy Cross	6:57.0
34	Hammond, Paul	London Central	6:57.8
35	Izzo, Allen	City Honors	6:58.2
36	Smith, Sean	West Park	6:58.9
37	Martin, Owen	Grimsby SS	7:03.9
38	Kennedy, Fraser	Denis Morris	7:07.1
39	Kramer, Andrew	Grimsby SS	7:09.5
40	Clarke, Evan	Ridley Col.	7:09.8
41	Goertzen, Alex	Niagara Dist.	7:12.3
42	Derwinsky, James	EL Crossley	7:17.5
43	Christian, Jaime	London Central	7:19.1
44	Tchijov, Alex	Ridley Col.	7:19.6
45	Coyne, Francis	City Honors	7:19.7
46	Amadio, Greg	Ridley Col.	7:21.7
47	Jones, Chas	Oakridge	7:22.1
48	Keddie, Ryan	London Central	7:23.3
49	Cohen, Mike	Sir Winston	7:24.4
50	Phelan, Nick	St. Christopher	7:26.6
51	Cain, Nathan	London Central	7:27.1
52	Lundy, James	Niagara Dist.	7:29.7
53	Wood, John	AB Lucas	7:29.8
54	Oseroff, Ben	City Honors	7:36.2
55	Lillie, Isaac	Niagara Dist.	7:39.4
56	Green, Campbell	City Honors	7:45.3
57	VanBrenik, Brennon	Saunders	7:45.8

## # 15 OPEN LWT MEN (165 lbs or less)

**Record: 1999 Matt McCarthy 6:14.9**

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1.	Norton, Adam	Don RC	6:38.8
2.	Sylvester, Cameron	U.W.O.	6:40.9
3.	Metcalfe, Josh	Queens U.	6:42.7
4.	Roos, Dominik	McMaster U.	6:45.5
5.	Zeitz, Jeff	Brock Univ.	6:46.2
6.	Demeo, Matt	U.W.O.	6:45.6

**THANKS TO RIDLEY COLLEGE FOR PARKING & OVERALL ASSISTANCE**

## 2005 ONTARIO ERGOMETER CHAMPIONSHIPS



### # 15 OPEN 165lb MEN (cont.)

7.	Gordon, Devin	U.W.O.	6:47.2
8.	Schwarz, Shaun	U.W.O.	7:01.1
9.	Stockdale, Liam	McMaster U	7:07.5
10.	Forezli, Matt	U.W.O.	7:09.6
11.	Theoret, Eric	U.W.O.	7:14.1
12.	Leikermoser, Paul	U T-Mississauga	7:19.6

### # 16 OPEN LWT WOMEN (135 lbs or less)

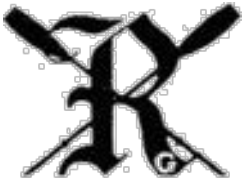
**Record 1998 Fiona Milne 7:17.7**

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>
1.	Carrier, Allison	Brock Univ.	7:47.3
2.	Chrea, Bopha	UWO	7:49.8
3.	Dayboll, Connie	Queen Univ.	7:55.2
4.	Kerkhof, Lisa	London RC	7:56.1
5.	Deery, Eileen	U. W.O.	8:01.9
6.	Cooper, Nadine	McMaster U.	8:02.0
7.	Serr, Adrienne	Ryerson U	8:04.5
8.	Sauks, Jennifer	U. of Toronto	8:12.9
9.	Jessup, Renee	U.W.O.	8:16.3
10	Aubin, Sarah	U.W.O.	8:17.3
11	Thompson, Darcy	U. of Toronto	8:20.9
12	Booth, Laura	U.W.O.	8:25.3
13	Austin, Thea	U. of T-Mississauga	8:35.1
14	Roe, Rebecca	McMaster U.	9:09.2

### #17 OPEN WOMEN .

**Record: 1996 Kubet Weston 6:52.3**

1	Hyslop, Peggy	Bayside RC	7:02.1
2	Lagzdins, Larissa	Brock Univ.	7:12.7
3	Hazell, Carolyn	U. of Toronto	7:15.6
4	Crawley, Cathy	U. of Toronto	7:17.8
5	Beyer, Meaghan	McMaster U.	7:32.4
6	McCord, Elizabeth	Queens U.	7:33.0
7	Abbott, Melanie	Brock Univ.	7:35.6
8	Albers, Renee	unaffiliated	7:44.9
9	McMillan, Heather	U.W.O.	7:46.8
10	Love, Robin	U. of Toronto	7:47.6
11	McCormick, Elise	McMaster U.	7:48.4
12	Sobie, Melissa	MacMaster U.	7:54.4
13	Coles, Robyn	U. of Toronto	7:54.8
14	Brown, Jackie	U. of Toronto	7:56.6
15	Abromaitis, Audra	McMaster U.	7:57.6
16	Kalechstein, Sara	U. of Toronto	8:00.5
17	Bunnik, Victoria	U. of Toronto	8:03.6
18	Coleman, Emily	Argonaut RC	8:07.0
19	Giles, Erin	McMaster U.	8:12.5
20	English, Roanne	U.W.O.	8:15.2
21	MacDonald, Kathryn	U.W.O.	8:15.4
22	Seames, Becky	Quinte RC	8:18.6
23	Kuntz, Sarah	McMaster U.	8:19.3
24	Katrone, Kathryn	U.W.O.	8:32.9
25	Lazarski, Susan	U.W.O.	8:34.5



# ONTARIO ERGOMETER CHAMPIONSHIPS

Hosted by Ridley Grad. & Ridley College Rowing Clubs

## #18 OPEN MEN

Record: 1997 Tony Biernacki Jr 6:01.4

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Time</u>	<u>***New</u>
1	Swick, Matt	Ridley Grad. BC	5:59.4* *	Ontario Record
2	Glover, Scott	Brock U.	6:14.0	
3	Csima, Doug	McMaster U.	6:17.4	
4	Lausberg, Matt	Don RC	6:18.5	
5	Batey, Brandon	St. Catharines RC	6:27.5	
6	Colson, Tim	U.W.O.	6:34.7	
7	Koch, Kevin	Niagara Coll.	6:36.6	
8	Karpenko, Greg	Island Lake RC	6:44.3	
9	McLean, Pete	U.W.O.	6:47.7	
10	Garforth, Michael	Cambridge RC	6:50.0	
11	Arthurs, James	U.W.O.	6:54.9	
12	VanSeggelen, Andrew	McMaster U.	7:08.7	
13	Samjoo, Imy	McMaster U.	7:35.3	

## SPECIAL THANKS TO REGATTA WORKERS

*These are the people who are making it happen!  
Thanks to Ridley College & Ridley Graduate Boat Club!*

**Competition Chairs:** Barry Ireland, Nancy Storrs, Jack Nicholson; **Scoring:** John Pauls, Kari Juurakko, Jim Lyttle, Forbes Marnoch, Don McSween; **Announcer:** Bob Adams; **T-Shirt Design:** Alba Castro-Francomb; **Prize Draw:** Maureen McLaughlin, Emily Hughes, Carie Stasiak, Perth Swick; **Registration:** Mike Hughes, Monika Seymour, Nancy Storrs; **Erg Purchase & Preparation:** Jack Nicholson, Brian Davis, Don McSween; **Weigh-In:** Christel Schumacker, Hazel & Ian Milne; **Program:** Nancy Storrs, Monika Seymour; **Race Co-ordinators:** Ed Berkhout, Brian Davis, Barry Ireland, Rod Bierhuizen, Nathan Swick; **Food Sales:** Cindi & Tim Ratkovsky, Joanne Niven, Sandy Swick, Barb York; **Gym Sales:** Maris Berkhout Tammy & Stephanie Pauls, **Medical Coverage:** Dr. Tim Prince, **Set-Up & Clean-Up:** Diana Aucoin, Ed Berkhout, Brian Davis, Paul Dorland, Jeff Dunbrack, Barry Ireland, Don McSween, Don Munroe, Rick Rasmussen, Cindy & Nathan & Tim Ratkovsky, Colin & Gareth Seymour, Greg Smith, Nathan Swick, Darcy Tresham; **Coxies:** over 40 Ridley rowers.

**NEXT YEAR**  
**SAVE MARCH 5th !!!**



## ONTARIO ERGOMETER CHAMPIONSHIPS

### H. S. TEAM RESULTS -OVERALL EVENTS

OVERALL RANK	SCHOOL	TOP 10 PLACINGS FOR ALL EVENTS (MEN & WOMEN)										OVERALL TOTAL SCORE
1	BROCKVILLE	1	1	1	2	3	4	4	5	5	5	31
2	GOV.SIMCOE	2	3	3	4	4	4	6	8	9	10	53
3	SIR WINSTON	1	1	2	2	3	5	7	7	9	20	57
4	E.L.CROSSLEY	1	1	2	4	5	6	6	12	13	14	64
5	RIDLEY	1	4	6	7	8	8	9	9	11	11	74
6	DENIS MORRIS	2	2	3	3	8	9	12	12	13	14	78
7	EDEN	1	1	2	7	10	10	16	16	17	20	100
8	UCC	1	3	5	6	8	11	12	12	16	34	108
9	ST. MARY'S	2	6	8	9	10	10	15	17	19	25	121
10	WEST PARK	4	4	5	6	11	13	15	23	24	24	129
11	GRIMSBY	5	7	11	13	16	17	17	21	26	33	166
12	HOLYCROSS	3	13	13	14	14	16	19	22	26	27	167
13	CITY HONORS	5	8	9	14	22	25	27	27	28	28	193
14	WESTDALE	5	9	11	18	22	23	26	26	26	29	195
15	ST.PAUL'S	5	10	16	16	17	24	25	28	29	29	199
16	NOTRE DAME	1	6	16	16	17	21	27	38	38	38	218
17	SAUNDERS	11	15	15	23	29	31	32	34	35	38	263
18	NARDIN	8	14	16	16	25	32	35	38	41	44	269
19	LAKEPORT	10	20	20	24	26	31	32	41	47	53	304
20	A B LUCAS	6	17	21	28	29	30	36	41	45	53	306
21	LONDON CENT.	6	19	21	21	30	34	39	41	43	55	309
22	ST.FRANCIS	6	9	13	26	31	36	40	43	52	56	312
23	A.N. MYER	9	18	19	19	33	33	36	49	49	56	321
24	JEAN VANIER	17	31	36	37	40	51	52	60	70	101	495
25	NIAG. DISTRICT	23	29	41	42	46	52	55	58	81	95	522





**ONTARIO ERGOMETER CHAMPIONSHIPS - 2005  
HIGH SCHOOL TEAM RESULTS - MEN'S EVENTS**

RA NK	SCHOOL	TOP 3 PLACINGS IN EACH MEN'S EVENT (BY SCHOOL)															MEN'S TOP 5					Total				
		JUNIOR			LT	Mid			SR LWT			Mid	SR			PLACINGS					Score					
1	BROCKV	7	13		1	2	4	1	24							6	12		1	1	2	4	6	14		
2	GOV.SIM	11	25		6	10	18	12				3	4	20	3	10	13	2	9	20	2	3	3	4	6	18
3	UCC	1	16	34				3				5	11	12	6	8	12				1	3	5	6	8	23
4	RIDLEY	4	8		6	13	15	36	37			7	8	9	14	21		1	18	21	1	4	6	7	8	26
5	E.L.CRO	6			31	34	44	15	21	22		2	15	19	9			4	13	14	2	4	6	13	14	39
6	EDEN							25	28						1	2		7	16		1	2	7	16	25	51
7	GRIMSB	26			17			7	13			16	35	42	11			5	37	39	5	7	11	13	16	52
8	D. MORRIS	3	12	14	27	36		16	17	34		21	31		20	33		30	38		3	12	14	16	17	62
9	CITY HNR	5	22		28	75		8	9	31					27			31	35	45	5	8	9	22	27	71
10	HOLYCRS	27			3	19	30	27				13	14	32	31			28	29	33	3	13	14	19	27	76
11	WEST PK	24	30	32	40	43	48	4	11						15	26		23	36		4	11	15	23	24	77
12	ST.PAUL				5	16	25	33							16			17			5	16	16	17	25	79
13	WESTDL	35			26	35	52	5	26			29	48		23	32	35	11	26		5	11	23	26	26	91
14	LAKPRT	20	31		41	47	53	20	32									10			10	20	20	31	32	113
15	LNDN CEN							6				30						21	34	43	6	21	30	34	43	134
16	SAUNDR	23			45			35							29			15	57		15	23	29	35	45	147
17	SIR WIN	29	35		21	51	60					49	50		25	38		49			21	25	29	35	38	148
18	A B LUCAS	21	28		45			29							41			53			21	28	29	41	45	164
19	ST. MARY	17			50	68	89	2							30						2	17	30	50	68	167
20	ST.FRAN	9			56	58	71					36			40						9	36	40	56	58	199
21	JN VANER	36			37	60	70					51			17						17	36	37	51	60	201
22	NIAG. DIST				81							46			42			41	52	55	41	42	46	52	55	236





## HIGH SCHOOL TEAM RESULTS -WOMEN'S EVENTS

RAN K	SCH	TOP 3 PLACINGS IN EACH WOMEN'S EVENT (BY SCHOOL)																				WOMEN'S TOP 5					Total  SC.
		JUNIOR			JR LT			JR Md			SN LWT			Md			SR			PLACINGS							
1	SIR W.	2	32	37	1	9	20	7	22	23	2	5	7	3			1	27	29	1	1	2	2	3	9		
2	BROCVIL	1	4	5	3	10	18	5							11	28		5	23	34	1	3	4	5	5	18	
3	D.MORRIS	33	42	46	8	13	38	2	3	29				2	9		12	14	21	2	2	3	8	9	24		
4	ELCROSS	35			5	12	32	1			1	6	20	23			14	25		1	1	5	6	12	25		
5	GOV.SIMC	8	11	15	27	35	80	14	21		4	37		14	27		4	17	39	4	4	8	11	14	41		
6	ST. MARY				6	15	25	9	35		19	40		8	10		10			6	8	9	10	10	43		
7	WEST PK	39			24	44	53	4	24		13	27	42	5	6	24	30	56		4	5	6	13	24	52		
8	EDEN	16	20		22	37		10			10	17	29	1	21					1	10	10	16	17	54		
9	MERCYHR	12						17			12			7	15	17	13			7	12	12	13	15	59		
10	RIDLEY	49			11	23	33	20			11	25	39	12	26	30	9	19		9	11	11	12	19	62		
11	ADAM SC	7	17	19				18	24		47						7	57		7	7	17	18	19	68		
12	NTR DAM	6	17	27	106			16	42		21	38		38			16	48		6	16	16	17	21	76		
13	NARDIN	38			14	16	41	8						16	25	32	35	44	45	8	14	16	16	25	79		
14	HOLYCR	14						13	34		16	22	26							13	14	16	22	26	91		
15	WESTDLE	22	34	53	50	54	72	37			9	35	41				18	36	42	9	18	22	34	36	119		
16	ST.FRANC	13	43	59	68	71		6	31								26	52		6	13	26	31	43	119		
17	ST.PAUL	10			29	39		32	36		36			29	37		24	28		10	24	28	29	29	120		
18	CITY HNR	25	28	31	28	30	70	27			14			39						14	25	27	28	28	122		
19	SAUNDRS	48	51		34	66	73	11	15	38	32						31			11	15	31	32	34	123		
20	A B LUCA	30	54		17	36											6			6	17	30	36	54	143		
21	GRIMSBY	52	57		21	107					45			17			33	59		17	21	33	45	52	168		
22	SO. SEC.	23									34						2	51	60	2	23	34	51	60	170		
23	LON CEN	21	41	60				19	39								55			19	21	39	41	55	175		
24	AN MYER	56			49	82	86				33	49		19	36					19	33	36	49	49	186		
25	JN VNIER	40			101	120					31	52								31	40	52	101	120	344		

