

# Atlantic Indoor Rowing Championships, 1 February 2009

Hosted by Nova Scotia Rowing Association

ARC-Antigonish RC, FRC-Fredericton RC, HRC-Halifax RC, NSRC-Northstar RC,  
KRC-Kennebecasis RC, MMRC-MicMac RC, STFX - St Francis Xavier RC, IND-Independent

## 1 Junior Lightweight Women (JRLW) - 2000m

Place	Time Rowed	Boat/Team Name	Split /500m
1	07:49.40	Olivia Newton - HRC	01:57.40
2	07:50.40	Sara Burrill - HRC	01:57.60
3	08:03.00	Jessica Browne - NSRC	02:00.80
4	08:48.60	Emily Hancock - HRC	02:12.10

## 7 Novice Women (NW) - 2000m

1	08:11.20	Greer Gallant - HRC	02:02.80
2	09:07.20	Steph Kundrik - HRC	02:16.80

## 2 Junior Lightweight Men (JRLM) - 2000m

1	07:05.60	Ben Charron - FRC	01:46.40
2	07:14.20	Niko McLellan - HRC	01:48.60
3	07:17.20	Alexander Fraughton - HRC	01:49.30
4	07:18.80	Max Trzcinski - MMRC	01:49.70
5	07:31.20	Daniel Lalancette - HRC	01:52.80
6	07:42.10	Alex Los - MMRC	01:55.50
7	07:59.80	Connor Booker - HRC	01:59.90
8	08:07.00	Brishen HaganDeshamps - MMRC	02:01.70

## 3 Junior Women (JRW) - 2000m

1	07:41.50	Laura Simonds - KRC	01:55.40
2	07:43.50	Kate Elbourne - HRC	01:55.90
3	07:55.60	Ruth Donald - HRC	01:58.90
4	08:02.70	Makenna Cooke - HRC	02:00.70
5	08:04.10	Johanna Murray - NSRC	02:01.00
6	08:24.30	Simone Charron - FRC	02:06.10

## 4 Junior Men (JRM) - 2000m

1	06:48.30	Taylor Overing - KRC	01:42.10
2	07:16.10	Art Bouman - MMRC	01:49.00

## 8 Novice Men (NM) - 2000m

1	07:23.90	Kevin Feltmate - HRC	01:51.00
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## 9 Masters Women Lightweight (MWL) - 2000m

1	09:15.70	Janet Wilson - NSRC	02:18.90
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## 10 Masters Men Lightweight (MML) - 2000m

1	07:21.60	Jeff Sawler - NSRC	01:50.40
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## 11 Masters Women "A 27-39" (MWA) - 2000m

1	08:35.80	Marjo Laurinolli - HRC	02:08.90
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## 12 Masters Men "A 27-39" (MMA) - 2000m

1	06:57.60	Sean Warner - NSRC	01:44.40
2	07:33.30	Jason Wilson - NSRC	01:53.30

<u>13 Masters Women "B 40-49" (MWB) - 2000m</u>			
Place	Time Rowed	Boat/Team Name	Split /500m
1	07:56.10	Geraldine Cooper-Lesins - NSRC	01:59.00
<u>14 Masters Men "B 40-49" (MMB) - 2000m</u>			
1	06:36.50	Paul Shaw - HRC	01:39.10
2	06:55.70	Jim Tompkins - NSRC	01:43.90
<u>15 Masters Women "C 50+" (MWC) - 2000m</u>			
1	08:38.40	Jocelyn Pletz - MMRC	02:09.60
2	09:21.20	Peggy Hemsworth - HRC	02:20.30
<u>16 Masters Men "C 50+" (MMC) - 2000m</u>			
1	07:19.80	Stephen McIntosh - NSRC	01:49.90
<u>17 Under 23 Lightweight Women (U23LW) - 2000m</u>			
1	08:43.00	Jenn Rowlands - MMRC	02:10.70
<u>18 Under 23 Lightweight Men (U23LM) - 2000m</u>			
1	07:05.00	Greg Tomney - KRC	01:46.30
2	07:14.40	Nick Troup - MMRC	01:48.60
<u>19 Under 23 Women (U23W) - 2000m</u>			
1	07:47.10	Erin Pegg - STFX	01:56.80
2	07:48.60	Laura Corscadden - FRC	01:57.10
<u>20 Under 23 Men (U23M) - 2000m</u>			
1	06:23.10	Mike Craig - FRC	01:35.80
<u>23 Senior Women (SRW) - 2000m</u>			
1	07:48.80	Emily Duann - MM	01:57.20
2	08:03.30	Katie Edwards - ARC	02:00.80
<u>24 Senior Men (SRM) - 2000m</u>			
1	06:26.00	Jamie Abbass - FRC	01:36.50
2	06:34.70	Dan Murray - NSRC	01:38.70
3	06:35.40	Gordon Caine - NSRC	01:38.90
<u>25 Junior Women Dash (JWD) - 1000m</u>			
1	03:39.30	Kate Elbourne - HRC	01:49.60
2	03:46.70	Ruth Donald - HRC	01:53.30
3	03:47.40	Olivia Newton - HRC	01:53.70
4	03:51.80	Jessica Browne - NSRC	01:55.90
5	03:52.70	Makenna Cooke - HRC	01:56.40
6	03:52.90	Johanna Murray - NSRC	01:56.50
7	03:53.20	Sara Burrill - HRC	01:56.60
8	04:13.80	Emily Hancock - HRC	02:06.90
<u>26 Junior Men Dash (JMD) - 1000m</u>			
1	03:24.90	Art Bouman - MMRC	01:42.40
2	03:28.70	Daniel Lalancette - HRC	01:44.30
3	03:29.90	Max Trzcinski - MMRC	01:44.90
4	03:30.40	Alexander Fraughton - HRC	01:45.20
5	03:32.50	Niko McLellan - HRC	01:46.20
6	03:39.10	Alex Los - MMRC	01:49.50
7	03:46.50	Connor Booker - HRC	01:53.20
8	03:54.90	Brishen Hagan-Deshamps - MMRC	01:57.50

<u>27 Master Women Dash (MWD) - 1000m</u>			
Place	Time Rowed	Boat/Team Name	Split /500m
1	03:57.50	Jane Smith-Vanhorne - MMRC	01:58.80
2	04:00.10	Sue Duann - MMRC	02:00.10
3	04:06.80	Sally Dean - MMRC	02:03.40
4	04:07.60	Marjo Laurinolli - HRC	02:03.80
<u>28 Master Men Dash (MMD) - 1000m</u>			
1	03:10.30	Paul Shaw - HRC	01:35.10
2	03:21.30	Sean Warner - NSRC	01:40.60
3	03:27.30	Jeff Sawler - NSRC	01:43.70
4	03:29.40	Jason Wilson - NSRC	01:44.70
5	03:34.10	Kevin Feltmate - HRC	01:47.00
<u>29 Senior Men Dash (SMD) - 1000m</u>			
1	03:04.20	Jamie Abbass - FRC	01:32.10
2	03:14.10	Dan Murray - NSRC	01:37.00
3	03:19.10	Pat Convey - IND	01:39.50
<u>30 Senior Women Dash (SWD) - 1000m</u>			
1	03:46.20	Laura Corscadden - FRC	01:53.10
2	03:48.10	Emily Duann - MMRC	01:54.00
3	04:14.40	Jenn Rowlands - MMRC	02:07.20
<u>31 Mixed Club Four Race (MCR) - 500m pp</u>			
1	06:40.20	NSRC/STFX: Warner Caine Cooper-Lesins Pegg	01:40.00
2	06:42.30	FRC/STFX:	01:40.60
3	06:55.70	HRC-1: Lalancette Shaw Newton Elbourne	01:43.90
4	07:04.90	NSRC/HRC: Murray Convey Duann Donald	01:46.20
5	07:12.20	HRC-2: Fraughton Feltmate Burrill Gallant	01:48.10
6	07:20.80	MMRC: Dean Smith-Vanhorne Rowlands TBA	01:50.20
7	07:31.50	HRC-3: Booker McLellan Cooke Laurinolli	01:52.90
<u>32 Parent Offspring Doubles (MPJ) - 500m pp</u>			
1	03:34.20	HRC: Lalancette - Daniel, Jean	01:47.10
2	03:49.20	MMRC: Duann - Emily, Sue	01:54.60