

# 2011 ATLANTIC INDOOR ROWING CHAMPIONSHIPS

## Sunday February 6, 2011

### 2000 Meter Races

#### Race#1

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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#### Event 1 - JRLW

1	1	Megan Nicholson (NSRC)	09:15.3	2000	02:18.8
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#### Race#2

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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#### Event 3 - JRW

1	7	Kristen Turnbull (NSRC)	07:59.8	2000	02:00.0
2	2	Julia Redmond (HRC)	08:09.1	2000	02:02.3
3	3	Mallory Davis (NSRC)	08:10.2	2000	02:02.5
4	1	Sarah Carruthis (MMPC)	08:19.1	2000	02:04.8
5	6	Ailish McNulty (MMPC)	08:39.3	2000	02:09.8
6	Race 1 -2	Holly Davy (HRC)	08:49.5	2000	02:12.4
7	5	Hanna Prozenko (NSRC)	09:18.6	2000	02:19.6
8	8	Megan Parker (MMPC)	09:24.3	2000	02:21.1
9	4	Maggie Day (MMPC)	09:38.5	2000	02:24.6

#### Race#3

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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#### Event 2 JRLM

1	3	Nigel Prozenko (NSRC)	07:32.9	2000	01:53.2
2	1	Jack Evans (HRC)	07:40.8	2000	01:55.2
3	4	Graham Tompkins (NSRC)	07:41.4	2000	01:55.4
4	5	Liam Browne (NSRC)	07:50.3	2000	01:57.6
5	2	Avery Prozenko (NSRC)	08:32.0	2000	02:08.0

#### Race#4

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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#### Event 4 JRM

1	4	Daniel Mumford (NSRC)	07:19.8	2000	01:50.0
2	2	Will Bryden (HRC)	07:38.4	2000	01:54.6
3	5	Luke Webster (NSRC)	07:47.3	2000	01:56.8
4	1	James Smith (MMPC)	08:12.1	2000	02:03.0

#### Race#5

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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#### Event 7 NW

1	7	Zoe Vatter (DAL)	08:08.1	2000	02:02.0
2	3	Liz Ferguson (DAL)	08:23.8	2000	02:05.9
3	6	Stephanie Beckett (DAL)	08:31.6	2000	02:07.9
4	1	Emma Hoffman (DAL)	09:16.4	2000	02:19.1

#### Race#6

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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#### Events 8 NM

1	1	Shawn Coughlan	06:51.6	2000	01:42.9
2	3	Adam Cook	06:53.3	2000	01:43.3
3	2	Steve Horswill (MMRC)	07:26.0	2000	01:51.5

**Events 10 MM L**

1	4	Brian Robinson (HRC)	07:48.2	2000	01:57.1
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**Events 11 MM B**

1	7	Paul Shaw (HRC)	06:42.7	2000	01:40.7
2	8	Jon Tyson (HRC)	06:44.5	2000	01:41.1
3	6	Pierre Porrier (MMRC)	06:52.5	2000	01:43.1

**Race#7**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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**Events 12 -MM A**

1	1	Sean Warner (NSRC)	06:56.3	2000	01:44.1
2	2	Leo Farran (HRC)	07:22.2	2000	01:50.5

**Events 12 - MM C**

1	4	John Tallon (HRC)	07:01.6	2000	01:45.4
2	5	Steve McIntosh (NSRC)	07:17.9	2000	01:49.5
3	7	Rick Proulx (MMRC)	07:47.7	2000	01:56.9
4	8	Murray Ritch (NSRC)	08:43.9	2000	02:11.0

**Race#8**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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**Event 9 - MWL**

1	1	Deb Skilliter (NSRC)	09:05.6	2000	02:16.4
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**Event 11 - MW A**

1	2	Trina Stevens (HRC)	07:52.6	2000	01:58.1
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**Events 13 - MW B**

1	4	Geraldine Cooper-Lesins (NSRC)	08:00.0	2000	02:00.0
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**Event 13 - MW C**

1	6	Jane Smith VanHorne (MMRC)	07:54.1	2000	01:58.5
2	7	Kathy Tallon (HRC)	08:18.3	2000	02:04.6
3	8	Sue Duann (MMRC)	08:32.1	2000	02:08.0

**Race#9**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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**Event 18 -U23LM**

1	1	Isaac Bell (DAL)	07:35.1	2000	01:53.8
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**Event 20 - U23M**

1	3	Matt Bertrand (DAL)	07:23.3	2000	01:50.8
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**Event 24 - SRM**

1	7	Jamie Abbass (FRC)	06:14.4	2000	01:33.6
2	5	Adam Bliss (FRC)	06:27.1	2000	01:36.8
3	8	Josh Weissboch (MMRC)	06:35.2	2000	01:38.8
4	6	Chris Williams (MMRC)	06:46.5	2000	01:41.6

**Race#10**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
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**Event 19 - U23W**

1	1	Sara Frost (HRC)	07:36.2	2000	01:54.0
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exbit.	2	Dan the Man (HRC)	07:18.3	2000	01:49.6
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**1000 Meter Dash****Race#11**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
<b>Event 26 - JMD</b>					
1	7	Nigel Prozenko (NSRC)	03:33.9	1000	01:46.9
2	6	Luke Webster (NSRC)	03:40.4	1000	01:50.2
3	3	Graham Tompkins (NSRC)	03:42.1	1000	01:51.1
4	5	Liam Browne (NSRC)	03:44.1	1000	01:52.0
5	4	Daniel Mumford (NSRC)	03:44.8	1000	01:52.4
6	1	Avery Prozenko (NSRC)	04:03.1	1000	02:01.5

**Race#12**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
<b>Event 25 - JWD</b>					
1	4	Kristen Turnbull (NSRC)	03:52.3	1000	01:56.1
2	1	Mallory Davis (NSRC)	03:53.9	1000	01:56.9
3	3	Megan Nicholson (NSRC)	04:20.5	1000	02:10.2
4	2	Hanna Prozenko (NSRC)	04:28.2	1000	02:14.1

**Race#13**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
<b>Event 28 - MMD</b>					
1	3	Sean Warner (NSRC)	03:26.4	1000	01:43.2
2	2	Brian Robinson (HRC)	03:45.7	1000	01:52.8

**Race#14**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
<b>Event 27 - MWD</b>					
1	4	Geraldine Cooper-Lesins (NSRC)	03:54.0	1000	01:57.0
2	5	Sally Dean (MMRC)	04:12.1	1000	02:06.0
3	1	Deb Skilliter (NSRC)	04:24.3	1000	02:12.1
4	2	Tracey Evans (HRC)	04:30.4	1000	02:15.2

**2000 meter mix club four race 500 meters per person****Race#17**

Place	Lane	Rower Name	Time	Distance	Avg. Pace
<b>Event 31 - MC4R</b>					
1	8	MMRC2 Pierre/Josh/Clare/Jason	06:54.4	2000	01:43.6
2	3	DAL Isaac/Matt/Sara/Zoe	07:00.7	2000	01:45.2
3	1	HRC1 Jack/Will/Julia/Holly	07:20.6	2000	01:50.1
4	6	NSRC Sean/Ashley/Geraldine/Luke	07:22.2	2000	01:50.5
5	5	HRC2 Jon/John/Kathy/Tracy	07:30.2	2000	01:52.6
6	7	MMRC1 Steve/Rick/Sue/Sally	07:34.7	2000	01:53.7
7	2	NSRC-JR1 Kristen/Mallory/Nigel/Avery	07:48.9	2000	01:57.2
8	4	NSRC-JR2 Megan/Hanna/Liam/Graham	08:02.1	2000	02:00.5