

# FINAL Race Schedule

SUNDAY JANUARY 30, 2022



Livestream Broadcast begins 8:45 AM EST on Youtube: [Canadian Indoor Rowing Championships](#)

TIME (TORONTO)	Event #	CATEGORIES	DISTANCE	ENTRIES
9:00 AM EST	1 2 3 4	Masters Men Lightweight (30-59)	2000m	18
9:15 AM EST	5 6 7 11	Masters Men Lightweight (60-94)	2000m	17
9:30 AM EST	14 -17, 19-21	Masters Women Lightweight (30-79)	2000m	15
9:45 AM EST	27 28	Masters Men (30-39) (40-49)	2000m	33
10:00 AM EST	29 30 31	Masters Men (50-54) (55-59) (60-64)	2000m	18
10:15 AM EST	32 33 34	Masters Men (65-69) (70-74) (75-79)	2000m	18
10:30 AM EST	40	Masters Women (30-39)	2000m	12
10:45 AM EST	41-44 46	Masters Women (40-74)	2000m	18
11:00 AM EST		Podium Presentations		
11:10 AM EST	87 88	We Are Invictus/Soldier On Men & Women	4 Minute	13
11:20 AM EST	62 67	PARA – PR1, PR2, PR3 Men & Women	2000m	16
11:35 AM EST		Lunch Break – Enjoy the Music		
12:00 PM EST	71 72	Lightweight Men – Open and U23	2000m	11
12:15 PM EST	75	Lightweight Men – U19	2000m	29
12:30 PM EST	73 74	Lightweight Women – Open and U23	2000m	7
12:45 PM EST	76	Lightweight Women – U19	2000m	25
13:00 PM EST		Podium Presentations		
13:10 PM EST	77 78	Men - Open and U23	2000m	15
13:25 PM EST	81	Men - U19	2000m	29
13:40 PM EST	79 80	Women – Open and U23	2000m	10
13:55 PM EST	82	Women - U19	2000m	23
14:10 PM EST	83	Men - U17 (Flight 1)	2000m	32
14:25 PM EST	83	Men - U17 (Flight 2)	2000m	31
14:40 PM EST		Podium Presentations		
14:50 PM EST	84	Women - U17 (Flight 1)	2000m	31
15:05 PM EST	84	Women - U17 (Flight 2)	2000m	31
15:20 PM EST		Podium Presentations		
15:25 PM EST	94 95	We Are Invictus/Soldier On Men & Women	1 Minute	13
15:35 PM EST	85 86	Masters Men 40+ and Masters Women 40+	500m	20
15:45 PM EST	53 56 58	Lightweight Men - Open, U23, U19	500m	12
15:55 PM EST	54 57 61	Lightweight Women – Open, U23, U19	500m	25
16:05 PM EST		Podium Presentations		
16:15 PM EST	56 59 62	Men – Open, U23, U19	500m	37
16:25 PM EST	55 60 64	Women – Open, U23, U19	500m	19
16:35 PM EST		Podium Presentations & Final Race Wrapup		